

# Conestoga Cougars Volleyball Club Parent Code of Conduct

The Conestoga Cougars Volleyball Club is committed to providing a positive youth sports experience by encouraging parents, coaches, officials, and players to demonstrate good sportsmanship at practices and games. All parents and their guests are expected to conduct themselves in an orderly fashion toward all players, coaches, officials and other staff.

The Conestoga Cougars Volleyball Club has adopted its Parent Code of Conduct, inclusive of a Zero Tolerance Policy, which must be adhered to at all times, without exception.

## As a parent/guardian, it is important that you:

**Respect the game, including your child, his or her teammates, and opponents.** This means ensuring that your child attends and comes prepared for all practices and games, and treats both teammates and opponents with dignity and respect. Good sportsmanship means playing fair and safe, controlling negative emotions, and keeping the spirit of competition a healthy endeavor.

**Respect the officials.** Remember, youth sports officials (referees) are an important part of the sport and add to the overall experience for your child. It is important that you respect their authority and understand that decisions they make during the game are final. Do not confront officials during gameplay.

**Refrain from coarse and threatening language, as well as all forms of physical aggression.** There is never a place in youth sports to use vulgar language, threaten or intimidate, or use physical aggression no matter who it is directed at.

**Let the coaches coach.** While it may be easy to second-guess your child's coach from the sidelines, most parents forget or overlook how challenging it is for coaches to both win games and at the same time make sure that all of the players have an opportunity to develop. The job of being a coach is an incredibly challenging task, so be sure to support your child's coach as much as possible.

**Watch for the safety of all players at all times, including physical and emotional dangers.** Be sure to pay attention to injuries, including concussions, and respond to them in a timely manner.

**Cheer whenever possible, and stay away from booing and other negative fan behavior.** Youth sports provide a great opportunity for positive fan support, including cheering. Booing and other negative gestures and language from the sidelines are never appropriate, so be sure to stay focused on positively supporting your child's team at all times.

### 24 Hour Rule/"Coach First" Policy:

We ask that you wait 24 hours before you communicate any complaints or concerns related to a specific situation by following the proper procedures outlined below?

1. Direct Resolution: All concerns about your child's practice or game playing time must be brought to the Head Coach first.
2. Escalation: If a concern remains unresolved after a direct discussion between the parent and coach, the family may then contact the youth volleyball program at [ConestogaYouthVolleyball@gmail.com](mailto:ConestogaYouthVolleyball@gmail.com).
3. If the complaint or concern needs immediate attention from program coordinators (e.g. inappropriate coaching conduct or issues with another team), please reach out via email at [ConestogaYouthVolleyball@gmail.com](mailto:ConestogaYouthVolleyball@gmail.com).

The Conestoga Cougars Volleyball Club **Zero Tolerance Policy** may include the removal of parent/guardian from the facility/volleyball court and prohibit future attendance to youth sports games.

As the parent(s) or guardian(s) of \_\_\_\_\_, I agree to follow the guidelines listed above.

NAME(S) \_\_\_\_\_ / \_\_\_\_\_ DATE \_\_\_\_/\_\_\_\_/\_\_\_\_

SIGNATURE(S) \_\_\_\_\_ / \_\_\_\_\_